

How Best Doctors Helped Brian

Best Doctors gave Brian something invaluable—peace of mind.

Brian's ordeal began after he found a lump underneath his armpit. He followed up and a biopsy was taken—when the results came back, he was diagnosed with stage 2 large B cell lymphoma.

Brian was then sent to Princess Margaret Cancer Centre for treatment. Concurrently, he immediately contacted Best Doctors, which he has access to through his critical illness insurance plan, to ensure he had the right diagnosis and was on the right treatment path.

“I wanted every expert opinion possible,” said Brian, who works as a financial advisor. “For me, Best Doctors took all the work away. When you're sick, you have enough to worry about. You don't want to be on the internet and making hundreds of phone calls doing research.”

Princess Margaret was provided with the pathology report and determined that Brian would need to undergo three rounds of chemotherapy based on his diagnosis. Meanwhile, they also retested the biopsy sample.

Brian had already completed his first round of chemo when his doctors at Princess Margaret told him that after retesting the biopsy sample they learned he has a variant of large B cell lymphoma (referred to as “double hit” lymphoma), which is a more aggressive type of cancer. Brian's treatment plan was changed to six rounds of chemo, followed by 22 days of radiation.

Brian's new test results and pathology report were sent to Best Doctors and his file was reviewed by a doctor



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at New York-Presbyterian Hospital who specializes in large B cell lymphoma.

“The Best Doctors specialist concurred with everything Princess Margaret was doing,” Brian said. “It was important to me to get that second opinion for peace of mind.” Brian added the Best Doctors specialist also said Brian was being treated at “one of the best places in the world.”

“That line in the report gave me incredible peace of mind,” he said. Brian underwent the six rounds of chemo and 22 days of radiation. He has been in remission ever since completing his treatment.

Brian said he recommends Best Doctors to his clients, and that Best Doctors alone is worth the monthly cost of critical illness insurance premiums.

“At a time when you're pressured physically, mentally and emotionally, you know you're going to get a world-class opinion,” he said. “You get a second opinion on diagnosis, treatment and where you should get the treatment. That's huge.”



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